Nutrition Notes for You - Find the ASN monthly member newsletter enclosed.

ASN
EST. 1928
Your monthly member newsletter
NUTRITION NOTES

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March 2024

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- *AND MORE!*

NUTRITION 2024 – *Register by April 5th for the Best Rates!*

ASN American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org
NUTRITION 2024
Where the Best in Science & Health Meet
June 29 - July 2 • McCormick Place • Chicago, IL

Join the nutrition community at McCormick Place, in Chicago, Illinois, June 29 – July 2 for NUTRITION 2024. Explore the Schedule Planner, featuring scientific symposia, educational sessions, award lectures, and career development opportunities. Check back often for schedule updates, as additional programming including oral, poster flash and other research presentations, Sponsored Satellite Programs, and community activities are added.

Register by April 5th to take advantage of early registration discounts. Once you register, you will have access to book housing within ASN's official hotel block. For the best selection, book early.

Register Today

Learn More

Member Spotlight: Barbara Gower, PhD

Meet ASN Member, Dr. Barbara Gower. Dr. Gower has been an ASN member for over 20 years is currently Professor and Chair of the Department of Nutrition Sciences at The University of Alabama at Birmingham (UAB). Her focus lies in clinical investigation, particularly in understanding health disparities in obesity and type 2 diabetes, as well as the realm of "food as medicine" and "precision nutrition." Her research reveals the significant impact of diet composition on metabolic health, emphasizing the role of hormones like insulin and glucagon.

Dr. Gower is chairing the session Hepatic Ketone Production as the Governing Factor in Determining Fatty Liver and Type 2 Diabetes at NUTRITION 2024 later this year. Learn more about the session and view the membership spotlight:

What excites you about bringing this session to NUTRITION 2024?
This symposium will provide both basic scientists and clinical investigators knowledge regarding key outcomes on which to focus when designing intervention studies aimed at improving metabolic health. My UAB colleague Eric Plaisance, PhD and I look forward to sharing the stage with an esteemed group who are "first timers" to the NUTRITION meeting.

Read the Full Member Spotlight

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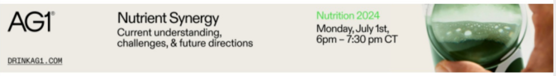

AG1®
Nutrient Synergy
Current understanding, challenges, & future directions
Nutrition 2024
Monday, July 1st, 6pm – 7:30 pm CT
DRINKAG1.COM

Sponsored Satellite Program
Nutrient Synergy: Current Understanding, Challenges, and Future Directions
Monday, July 1, 2024, 6:00 PM – 7:30 PM CT
Sponsored by Athletic Greens
Open to all NUTRITION 2024 attendees

US Department of Agriculture Announces the 2024 W.O. Atwater Memorial Lecture

Congratulations to this year's ARS W.O. Atwater Memorial Lecturer, Dr. Adam Drewnowski! The W.O. Atwater Memorial Lecture was established to honor the memory of Wilbur Olin Atwater (1844-1907) and to recognize scientists who have improved the diet and nutrition of people around the world. Dr. Drewnowski will deliver the 2024 W.O. Atwater Memorial Lecture at NUTRITION 2024.

The ASN Foundation Proudly Presents the NUTRITION 2024 Senior Investigator Lectureships

George Bray Outstanding Scientific Achievements Award in Obesity Research
George Bray Outstanding Scientific Achievements Award in Obesity Research

Arne Astrup, MD
Novo Nordisk Foundation

The EV McCollum International Lectureship in Nutrition

Susan Roberts, PhD
Senior Associate Dean for Foundational Research
Geisel School of Medicine at Dartmouth College

Jean-Pierre Habicht Lifetime Achievements in Global Nutrition Award Lecture

Patrick Webb, PhD
Chief Nutritionist, USAID

Robert Suskind and Leslie Lewinter-Suskind Pediatric Nutrition Lifetime Achievement Award

Steve Daniels, MD, PhD
Professor-Pediatrics-Administration
University of Colorado School of Medicine

View the NUTRITION 2024 Program*

*Check back often for schedule updates, as additional programming including oral, poster flash and other research presentations; Sponsored Satellite Programs; and community activities are added.

Late-Breaking/Rapid Science Submission Open

NUTRITION 2024 will feature Late Breaking/Rapid Science presentations highlighting scientific research that is *high impact*, *groundbreaking*, *innovative*, and *newsworthy*.

Submit your Late Breaking/Rapid Science research to be considered for inclusion in the meeting's program. This category of submissions is for high-impact scientific research for which results were not available by the February 12 general abstract submission deadline.

Only a limited number of Late Breaking/Rapid Science Submissions will be accepted for presentation.

Submission deadline: **April 8, 2024, 11:59 PM ET**

Questions? Please contact education@nutrition.org.

Learn More

Submit Your Science

Thank You to NUTRITION 2024's Abstract Reviewers!

On behalf of the American Society for Nutrition, thank you to the 400 members who dedicated their time and expertise as abstract reviewers for NUTRITION 2024. During the NUTRITION 2024 abstract review period, these members completed the remarkable achievement of 5,800 abstract reviews of over 1,600 abstracts.

Thank you again to the NUTRITION 2024 abstract reviewers whose service to ASN plays a critical role in evaluating the scientific value of the meeting's presentations.

Nutrition in Clinical Practice

A Comprehensive Course for Physicians

ACCME ACCREDITED

A course for clinicians interested in applying evidence-based nutrition to their practice
A Pre-Conference to NUTRITION 2024
Friday, June 28, 2024, 8:00 am–4:30 pm CT
McCormick Place, Chicago, IL

Join your colleagues for this can't-miss educational program hosted by ASN and the National Board of Physician Nutrition Specialists.

- Tackles crucial nutrition topics that are directly relevant to everyday patient care and enhances treatment outcomes
- Bridges the gap in nutrition knowledge within the clinical community
- Designed to be clinically oriented and applicable to inpatient and outpatient care
- Earn Continuing Medical Education (CME) credits and Maintenance of Certification (MOC) points for select specialties, supporting your ongoing career growth
- Connect, learn and lead in nutrition care
- All health care professionals are welcome!

The Commission on Dietetic Registration (CDR) recognizes live activities offered by ACCME accredited providers. One (1) hour of live lecture is equal to one (1) CPEU. Other health care professionals will be able to complete an evaluation and download a Certificate of Participation to confirm participation in this education activity. To determine if activities designated for *AMA PRA Category 1 Credit*™ are acceptable for your licensing or certification needs, please contact your credentialing body directly.

Register for the Pre-Conference using the NUTRITION 2024 Registration site. Register by April 5th for the best rates.

Already registered for NUTRITION 2024? Click Here and select "Modify Existing Registration" to register for the Pre-Conference.

Learn More

Plan Your Own Event at NUTRITION 2024: Reserve Meeting Space

NUTRITION 2024 offers the ideal place to connect with colleagues, collaborators or potential clients. Members, attendees, exhibitors, partners and affiliates may host meetings or social events in conjunction with NUTRITION 2024. Ready to plan your event? Learn more and submit a Request Form today!

Take advantage of the early rate, apply by **Monday, April 1, 2024** to save.

Questions? Please contact meetings@nutrition.org.

Opportunities for Your Organization or Institution at NUTRITION 2024

Tabletop Exhibits
Secure your Tabletop Exhibit in The Hub and make plans to engage with nutrition leaders, showcase your products and services and highlight your brand.

Tabletop Exhibit Fee: $2,069 (insurance included)

Click Here to reserve your Tabletop Exhibit now. For additional information, contact Griff Courtney.

Sponsored Satellite Programs
Share your organization's research findings with a captivated audience of nutrition professionals. Satellite Programs provide an opportunity for external groups—industry, trade organizations, government, and other scientific societies, to share and discuss research findings with the nutrition science community in conjunction with NUTRITION 2024.

Space is Limited! For additional information on availability and guidelines, contact Griff Courtney.

Engage with Special Interest Groups
Sponsor an event such as Speed Mentoring, the Postdoc and Early Career Networking Event, GEM forums, and the Emerging Leaders Poster Competition and connect with attendees, while also receiving high visibility at some of the most anticipated events. For additional information, contact Griff Courtney.

For additional information on NUTRITION 2024 exhibit availability or guidelines, please contact Griff Courtney at gcourtney@nutrition.org.

View All Support Opportunities

NUTRITION for the CLINICIAN
• Case-Based Learning •

Introducing the Nutrition For the Clinician Series: Insights from *AJCN* Editors

In the most recent episode of *AJCN* In Press Podcast, Kevin C. Klatt, PhD, RD (he/him) speaks with Editor In Chief Christopher Duggan, MD, MPH, Section Editor Nancy Krebs, MD, MS, and Early Career Editor Cora Best, PhD, MHS, RD about the newly launched section of *The American Journal of Clinical Nutrition* titled "Nutrition for the Clinician". Drs Duggan, Krebs and Best discuss the impetus for launching this new case study series and tips for prospective authors. Hear the first case reviewed in A Perfect Storm in a Pandemic.

Listen Now

ASN Hits the Road: Visiting Nutrition Departments

We're on a mission to learn more about each institution, engage with our members, and explore ways in which ASN programs can be tailored to better support our diverse membership.

Pictured Above: Dante Preciado, Vice President of Engagement and International Affairs at ASN, recently visited Tufts University's Friedman School of Nutrition Science and Policy. During his visit, Mr. Preciado engaged with faculty members both in person and via Zoom, in addition to meeting with graduate students.

Pictured Above: Mr. Preciado during his visit to the Department of Nutritional Sciences at the Pennsylvania State University, engaging with faculty members both in person and via Zoom.

Are you ready to collaborate more with ASN? Reach out and invite us for a visit! Together, let's advance the science and shape the future of nutrition education, research, and practice!

Contact Dante Preciado for more information: dpreciado@nutrition.org.

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CURRENT DEVELOPMENTS IN NUTRITION
CALL FOR PAPERS
Sports Nutrition
SUBMIT NOW

***Current Developments in Nutrition* – Special Issue Call for Papers**
Sports Nutrition
Deadline: September 30, 2024

DiscoverNUTRITION
Online learning from the American Society for Nutrition
ASN

Transforming Food Systems: What Needs to be Done?

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
April 1, 2024, 2:00 PM - 3:00 PM ET

Learning Objectives

- Understand a Framework for Food Systems
- Identify points and areas in need of further research along the Food System continuum for actional policy and programs to achieve a sustainable diet
- Understand the tradeoffs that must be considered in the process of transforming Food Systems

This event is organized by ASN's Climate/Environment, Health, Agriculture and Improved Nutrition Group (CHAIN).

Register for Free

Organize
PROJECT MANAGEMENT
Analyze
Strategy
DiscoverNUTRITION
Online learning from the American Society for Nutrition

Project Management: Tips & Tricks for Managing Projects Beyond Graduate School and Refining Your Skills

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
April 18, 2024, 3:30 PM - 4:30 PM ET

Learning Objectives

- Set and achieve project goals
- Foster effective communication and collaboration
- Delegate tasks wisely
- Highlight project management skills in professional settings
- Adapt and respond to project challenges

This event is organized by ASN's Student Interest Group (SIG).

Register for Free

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17
35
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DiscoverNUTRITION
Online learning from the American Society for Nutrition

How to Maximize Your LinkedIn for Industry Career Opportunities

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
April 25, 2024, 1:00 PM - 2:00 PM ET

Learning Objectives

- Identify at least 1 reason why LinkedIn is important for industry career opportunities
- Identify at least 2 basic features of LinkedIn that will help them in their job search
- Identify at least 3 ways to use LinkedIn to stand out to recruiters

This event is organized by ASN's Early Career Nutrition Group (ECN).

Register for Free

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THE JOURNAL OF NUTRITION - CALL FOR PAPERS
Nutrition and the Brain –
Exploring Pathways for Optimal Brain Health through Nutrition
SUBMIT NOW

***The Journal of Nutrition* – Call for Papers**
Nutrition and the Brain
Deadline: December 15, 2024

Be Inspired by our Editors-in-Chief

Essential Resources for Your Nutrition Research
The American Journal of
CLINICAL NUTRITION
JN
THE JOURNAL OF NUTRITION
Christopher Duggan, MD, MPH
Xingen Lei, PhD
ASN
American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org
Explore ASN Journals: journals.nutrition.org
Find us on social media #AJCN #JNutr

Catch up on the recent interactive webinar where Dr. Xingen Lei, Editor-in-Chief of *The Journal of Nutrition* and Dr. Christopher Duggan, Editor-in-Chief of *The American Journal of Clinical Nutrition* explained why these journals are essential resources for your nutrition research.

Watch the Webinar

Health & Nutrition Policy Updates

ASN Seeks Committee on Advocacy and Science Policy Members

Are you interested in nutrition science policy and nutrition research advocacy? Do you have policy-related research and advocacy experience? ASN is looking for interested members to serve on the ASN Committee on Advocacy and Science Policy, which provides strategic guidance and support to develop and implement ASN's science policy initiatives, educational content, and policy-oriented partnerships and collaborations. Committee members serve three-year terms. Please send your CV to Sarah Ohlhorst, ASN's Chief Science Policy Officer, **by Tuesday, April 30, 2024,** for consideration.

Meet ASN's Newest Science Policy Fellows!

Maria DeNunzio, MS
PhD Candidate
Department of Human Nutrition, Foods, and Exercise, Virginia Tech

Juliana Teruel Camargo, PhD, MPH
Postdoctoral Research Fellow
Minority Health and Health Disparities Population Lab, National Heart, Lung, and Blood Institute (NHLBI), National Institutes of Health (NIH)

Congratulations to Maria DeNunzio, MS, and Juliana Teruel Camargo, PhD, MPH, selected as ASN's 2024-2025 Science Policy Fellows. Maria is a PhD candidate in the Department of Human Nutrition, Foods, and Exercise at Virginia Tech and Juliana is a Postdoctoral Research Fellow in the Minority Health and Health Disparities Population Lab at the NIH National Heart, Lung, and Blood Institute (NHLBI). ASN Science Policy Fellows gain an enhanced perspective on public policy issues related to nutrition and build skills to become well-informed advocates for nutrition research and policy.

ASN Seeks Input on IND Applications and Exemptions

In late 2022, FDA issued a proposed rule on Investigational New Drug (IND) application requirements for nutrition research, which noted exemptions for clinical investigations of products lawfully marketed as conventional food or a dietary supplement. Read ASN's comments in support of the Agency's efforts to allow IND exemptions for clinical studies evaluating health benefits of a food product or dietary supplement for human consumption, provided those studies meet the safety and exemption criteria set forth by FDA. FDA has targeted next month, April 2024, to issue the final rule on IND application requirements and exemptions.

ASN is interested in learning how the IND process is currently being implemented for nutrition researchers conducting clinical investigations with conventional foods or dietary supplements. We'd like to hear from ASN members regarding your experiences with the IND process. Have you been granted exemption from IND application and review requirements by FDA, been required to provide a written IND exemption from FDA to your Institutional Review Board, or pursued a clinical study that was not granted an IND exemption. Please share your recent IND experiences with Sarah Ohlhorst, ASN's Chief Science Policy Officer, **by Monday, April 1, 2024**.

Other Society News & Initiatives

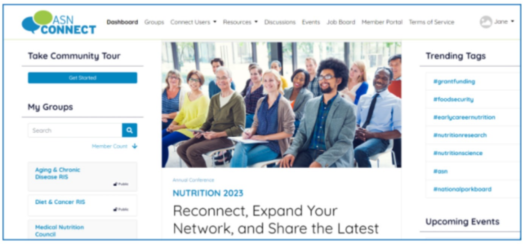
Think Getting That Job is Out of Reach? Think Again.

Navigating through a competitive job market can be intimidating, and you will need to set yourself apart from dozens of other job seekers. The ASN Career Center offers a suite of essential career resources to help you stand out from the competition.

Get networking tips and brush up on your interview skills. Set up Job Alerts and be the first to know when a job matching your criteria is posted. Not sure if your CV will make the cut? Request a review from experts to help list your strengths and weaknesses.

Get Started Today!

ASN Connect: Your Members-only Community



Reconnect, Expand Your Network, and Share the Latest

ASN Connect's user-friendly interface offers popular social networking features such as the ability to:

- Create a personal profile;
- Customize and sort your live feed;
- Share links, images, and videos in posts;
- Engage with others' posts by commenting or liking;
- Search the directory of users and send direct messages;
- Join any of the 20+ GEM (Groups Engaging Members) communities;
- Receive alert notifications, and more!

ASN Connect a robust tool that can be tailored to your preferences for an easy-to-use experience. To access ASN Connect, visit https://connect.nutrition.org and log in using your ASN member credentials. Contact mem@nutrition.org if you have any questions.

ASN Connect

Check Out the ASN Publications Monthly Newsletter

Keeping you informed with news and opportunities from ASN's four journals, *The Journal of Nutrition*, *The American Journal of Clinical Nutrition*, *Advances in Nutrition*, and *Current Developments in Nutrition*.

Make sure you are staying informed about all things ASN Publications by visiting ASN's Email Preference Center and selecting which types of communications you would like to continue to receive from ASN.

Browse the Latest Research from ASN Publications
JN THE JOURNAL OF NU
AN Advances in
The American J CLINICAL NUT
Current Developments in Nutrition

Important Dates

01
APR

Plan a Meeting at NUTRITION 2024 - *Early Rate*

Meeting and Event Requests Early Rate Deadline
April 1, 2024
All applications received BY April 1st will be charged the early fee per function. Applications received AFTER April 1st will be charged the regular fee per function.

Learn More

01
APR

Transforming Food Systems: What Needs to be Done?

Virtual – *Hosted on DiscoverNUTRITION, ASN's online learning platform*
April 1, 2024, 2:00 PM - 3:00 PM ET

Learn More

08
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Late-Breaking/Rapid Science Submission for NUTRITION 2024

Deadline
April 8, 2024

Learn More

18
APR

Host-Microbiota Interactions: A Personalized Point of View with Dr. Benoit Chassaing, INSERM

Virtual
IAFNS
April 18, 2024, 10 AM – 11 AM ET

Learn More

18
APR

Project Management: Tips & Tricks for Managing Projects Beyond Graduate School and Refining Your Skills

Virtual – *Hosted on DiscoverNUTRITION, ASN's online learning platform*
April 18, 2024, 3:30 PM - 4:30 PM ET

Learn More

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APR

A New Era in Obesity Treatment: GLP-1-Based Medications and Beyond

Virtual
IAFNS
April 24, 2024, 2 PM – 3 PM ET

Learn More

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APR

How to Maximize Your LinkedIn for Industry Career Opportunities

Virtual – *Hosted on DiscoverNUTRITION, ASN's online learning platform*
April 25, 2024, 1:00 PM - 2:00 PM ET

Learn More

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11th International Symposium on Nutritional Aspects of Musculoskeletal Health

San Diego, California
April 29 – May 1, 2024

Learn More

02
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2024 Annual Conference Canadian Nutrition Society

Edmonton, AB, Canada
May 2– 4, 2024

Learn More

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Nutrition in Clinical Practice – *A Pre-Conference to NUTRITION 2024*

Chicago, Illinois
June 28, 2024
Register by April 5 for the best rates.

Learn More

29
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NUTRITION 2024

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Learn More

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