Nutrition Notes for You - Find the ASN monthly member newsletter enclosed.

ASN
EST. 1928

*Your monthly member newsletter*

# NUTRITION NOTES

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**February 2024**

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- *AND MORE!*

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## Thank You ASN Foundation 2023 Donors!

ASNF
AMERICAN SOCIETY FOR NUTRITION FOUNDATION
CREATING THE FUTURE OF NUTRITION

As we usher in a new year filled with possibilities, we pause to extend our deepest gratitude to the generous donors who supported the ASN Foundation in 2023. Your unwavering commitment to advancing nutrition science and promoting health and well-being has had a profound impact on ASN's members and beyond. Thanks to your contributions, we'll be able to:

- Support research initiatives
- Provide scholarships and recognition to aspiring nutrition professionals across diverse backgrounds and career stages
- Advocate for evidence-based discoveries that shape the future of nutrition

Your generosity fuels our mission and inspires us to continue striving for excellence in everything we do. From all of us at the ASN Foundation, thank you for your continued support and belief in our work.

It's never too late or too early to make your annual ASN Foundation donation. Visit the ASN Foundation website to explore how you can make a difference or contact us to schedule a discussion about giving options that align with your interests.

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## NUTRITION 2024 Registration and Housing Open
## *Enjoy Your ASN Member Rate!*

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American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org
NUTRITION 2024
Where the Best in Science & Health Meet
June 29 - July 2 • McCormick Place • Chicago, IL
Registration and Housing Open!

In case you missed it, NUTRITION 2024 registration is open! Make your plans to attend the ultimate nutrition experience June 29 – July 2, at McCormick Place in Chicago, IL.

As an ASN member, you will always get the best rate. Register by April 5th to take advantage of early registration discounts. Once you register, you will have access to book housing within ASN's official hotel block. For the best selection, book early.

We had a tremendous response to our call for abstracts, and thank all of the authors and abstract reviewers for your studious work. New research is the lifeblood of any scientific event, and we look forward to sharing your science with nutrition professionals from around the world.

Stay tuned for upcoming program announcements including featured topics and award lectures!

Learn More　　Register Today

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THE JOURNAL OF NUTRITION - CALL FOR PAPERS
Nutritional Immunology Across the Lifespan
SUBMIT NOW

***The Journal of Nutrition* – Call for Papers**
Nutritional Immunology Across the Lifespan
Deadline: March 15, 2024

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## Celebrating the Achievements of Dennis M. Bier, MD

*Pictured from left to right: Sarah Booth, PhD; Teresa Davis, PhD; Lindsay Allen, PhD; Dennis Bier, MD; Naomi Fukagawa, MD, PhD; Kevin Schalinske, PhD; Paul Coates, PhD and Patrick Stover, PhD.*

The scientific community came together on January 22 to honor Dr. Dennis Bier for his remarkable contributions to nutrition science at the Dennis M. Bier, MD Symposium: The Future Directions of Nutrition Research. Held at the USDA/ARS Children’s Nutrition Research Center at Baylor College of Medicine, the event was enriched by the presence of numerous past and current ASN leaders, highlighting the profound impact of Dr. Bier's work across the field.

## Introducing the Malden Nesheim Nutrition Landscape Award: Honoring Excellence in Scholarly Reviews

In his opening editorial, new Editor-in-Chief Xingen Lei, PhD announces the launch of a new award to recognize outstanding scholarly reviews and other works published in *The Journal of Nutrition (JN)*.

Named the **Malden Nesheim Nutrition Landscape Award** and developed in partnership with Cornell University’s College of Human Ecology, this honor pays tribute to the distinguished career of Malden “Mal” Nesheim, PhD, an esteemed member of the American Society for Nutrition (ASN) and Professor of Nutrition Emeritus and Provost Emeritus at Cornell University.

Learn More

## Celebrating Black History Month

### Flemmie Pansy Kittrel: The First African American Woman to Earn a PhD in Nutrition

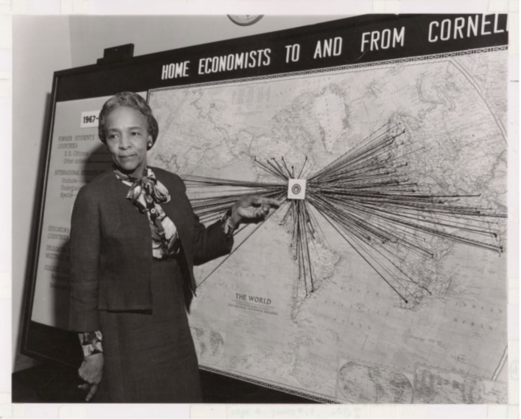
HOME ECONOMISTS TO AND FROM CORNEL
1967-
THE WORLD

*Image credit: Deceased Alumni files, #41-2-877. Division of Rare and Manuscript Collections, Cornell University Library*

In honor of Black History Month, ASN celebrates and honors the many African Americans who have contributed to the nutrition science field.

Flemmie Pansy Kittrell was the first African American woman to earn a PhD in nutrition, graduating from Cornell University in 1936. She was the head of the Home Economics department at Howard University from 1944-1971, where she led a study through an experimental nursery on campus, which later served as a model for Head Start, a federal program providing early education and quality health and wellness for children from low-income families.

Learn More About Dr. Kittrell

## ASN Hits the Road: Visiting Top Nutrition Departments Across the United States

JOHNS HOPKINS
BLOOMBERG SCHOOL of PUBLIC HEALTH

*Pictured: ASN's Vice President, Engagement and International Affairs, Dante Preciado visits Johns Hopkins Bloomberg School of Public Health*

ASN is eager to connect with deans, department heads, program chairs, professors, researchers, postdocs, and graduate students at institutions with nutrition programs.

We're on a mission to learn more about each institution, engage with our members, and explore ways in which ASN programs can be tailored to better support our diverse membership.

Are you ready to collaborate more with ASN? Reach out and invite us for a visit! Together, let's advance the science and shape the future of nutrition education, research, and practice!

*Contact Dante Preciado for more information: dpreciado@nutrition.org.*

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CURRENT DEVELOPMENTS IN NUTRITION
CALL FOR PAPERS
Sports Nutrition
SUBMIT NOW

***Current Developments in Nutrition* – Special Issue Call for Papers**
Sports Nutrition
Deadline: September 30, 2024

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DiscoverNUTRITION ASN
Online learning from the American Society for Nutrition

## Crafting Your Career Story: Essential Skills for Effective CV and Resume Writing

**Virtual**
*Hosted on DiscoverNUTRITION, ASN's online learning platform*
Feb 23, 2024, 1:00 PM - 2:00 PM ET

Join ASN's Student Interest Group for an insightful session where experts will share invaluable tips and strategies to help you craft a standout CV/resume, and learn how to tailor your document for specific roles, make your achievements shine, and grab the attention of recruiters.

**Learning Objectives**

- Define the key components of a well-crafted CV/resume and identify the essential sections and information required for a comprehensive document
- Understand strategies for customizing CVs/resumes to align with specific job requirements
- Know techniques for highlighting accomplishments and contributions to showcase their values effectively

Register for Free

***Please note:*** *This event will be live-only and a recording will not be made available.*

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MEDIA
DiscoverNUTRITION ASN
Online learning from the American Society for Nutrition

## Demystifying How to Talk Science to the Media

**Virtual**
*Hosted on DiscoverNUTRITION, ASN's online learning platform*
Feb 29, 2024, 1:00 PM - 2:00 PM ET

Join ASN's Early Career Nutrition Interest Group on February 29 for a webinar on how to speak to the media about nutritional science.

**Learning Objectives**

- Describe the key elements of communicating scientific data to media outlets in an understandable and engaging way
- Identify media engagement opportunities that align with your professional interests and goals
- Outline strategies for building a professional brand that media turn to as a trusted source
- List resources to improve communication with the media

Register for Free

THE JOURNAL OF NUTRITION - CALL FOR PAPERS
Nutrition and the Brain –
Exploring Pathways for Optimal Brain Health through Nutrition
SUBMIT NOW
ASN
EST. 1928

***The Journal of Nutrition* – Call for Papers**
Nutrition and the Brain
Deadline: December 15, 2024

## Opportunities for Your Organization or Institution at NUTRITION 2024

**Tabletop Exhibits**
Reserve an exclusive tabletop exhibit in *The Hub* for just $2,000 and enjoy connecting with the 3,000 attendees.

**Sponsored Satellite Programs**
Share your organization's research findings with the nutrition science community. Limited space is available on the schedule. Reach out to Griff Courtney to reserve.

**Engage with Special Interest Groups**
Sponsor an event such as Speed Mentoring, the Postdoc and Early Career Networking Event, GEM forums, and the Emerging Leaders Poster Competition and connect with attendees, while also receiving high visibility at some of the most anticipated events. Sponsorship funds are used to help provide food and beverage so your organization will be sure to have left a lasting impression on the attendees!

View All Support Opportunities

*For additional information on NUTRITION 2024 exhibit availability or guidelines, please contact Griff Courtney at gcourtney@nutrition.org.*

# Health & Nutrition Policy Updates

## Registration Open for Food Policy Impact!

ASN and the Washington DC Institute of Food Technologist's Section Board have planned the 2024 **Food Policy Impact**, which takes place at ArentFox Schiff LLP (1717 K Street NW, Washington, DC 20006) on Tuesday, February 27 and Wednesday, February 28. The program will include speakers from USDA, FDA, EPA and will also include discussions on the Congressional Review Act, the global supply chain, state vs. federal regulations, the risks of weight loss drugs, the impact of food on mood, and collaborations between industry and the public sector. Registration includes a networking reception on February 27, and a welcome breakfast and networking lunch on February 28.

Register Today

## ASN and Food is Medicine Coalition Work to Pair Researchers with Community Sites

ASN has collaborated with the Food is Medicine Coalition (FIMC), an association of nonprofit medically tailored food and nutrition service providers, to connect ASN academic researchers with Food is Medicine community sites. We developed a bi-directional Google doc to collect information from both ASN researchers and FIMC community sites to match interested researchers and sites. Please click on the Google doc link above and fill out the form to connect with FIMC community sites for research.

# Other Society News & Initiatives

## ASN Member Spotlight:
## Dr. Malden Nesheim

**What drew you to the field of nutrition science, research, and practice? What led you to become involved with ASN?**
When I was at the University of Illinois as an undergraduate, my older brother, Robert Nesheim, was a graduate student in animal nutrition. I would often help him with some of his research on B12 requirements of baby pigs—my introduction to the process and pleasures of doing research. This was an exciting time in nutrition research. Individual nutrients were being discovered one after another along with their structure and function and their role in animal and human health. This led to my decision to do graduate study.

**How can ASN, as an organization of individual members, help current and future scientists find career growth opportunities?**
ASN through its meetings, journals, and service opportunities provides the glue that holds the field together. The Society highlights career opportunities, provides outlets to share results of research, and contributes to the development of new generations of researchers, teachers, and leaders. It's been integral to my career, a source of enormous collegiality, and I could not be more appreciative of my more than 60 years of membership and leadership.

Read the Full Interview

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## Think Getting That Job is Out of Reach? Think Again.

Navigating through a competitive job market can be intimidating, and you will need to set yourself apart from dozens of other job seekers. The ASN Career Center offers a suite of essential career resources to help you stand out from the competition.

Get networking tips and brush up on your interview skills. Set up Job Alerts and be the first to know when a job matching your criteria is posted. Not sure if your CV will make the cut? Request a review from experts to help list your strengths and weaknesses.

Get Started Today!

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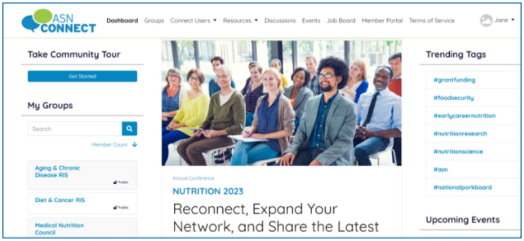
## ASN Connect: Your Members-only Community



ASN Connect's user-friendly interface offers popular social networking features such as the ability to:

- Create a personal profile;
- Customize and sort your live feed;
- Share links, images, and videos in posts;
- Engage with others' posts by commenting or liking;
- Search the directory of users and send direct messages;
- Join any of the 20+ GEM (Groups Engaging Members) communities;
- Receive alert notifications, and more!

ASN Connect a robust tool that can be tailored to your preferences for an easy-to-use experience. To access ASN Connect, visit https://connect.nutrition.org and log in using your ASN member credentials. Contact mem@nutrition.org if you have any questions.

ASN Connect

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## Check Out the ASN Publications Monthly Newsletter

Keeping you informed with news and opportunities from ASN's four journals, *The Journal of Nutrition*, *The American Journal of Clinical Nutrition*, *Advances in Nutrition*, and *Current Developments in Nutrition*.

Make sure you are staying informed about all things ASN Publications by visiting ASN's Email Preference Center and selecting which types of communications you would like to continue to receive from ASN.

Browse the Latest Research
from ASN Publications
JN
THE JOURNAL OF NU
Advances in
The American J
CLINICAL NUT
Current
Developments in
Nutrition

## Important Dates

21
FEB

### 2nd Pediatric Nutrition Conference: Emerging Insights into Nutrition in Pediatric Metabolic Diseases

**Qatar University, Doha, Qatar**
February 21 – 22, 2024

Learn More

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23
FEB

### Crafting Your Career Story: Essential Skills for Effective CV and Resume Writing

**Virtual**
*Hosted on DiscoverNUTRITION, ASN's online learning platform*
February 23, 2024, 1:00-2:00 PM ET
**Please note:** This event will be live-only and a recording will not be made available.

Learn More

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27
FEB

### Food Policy Impact 2024

**Washington, DC**
February 27 – 28, 2024

Learn More

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29
FEB

### Demystifying How to Talk Science to the Media

**Virtual**
*Hosted on DiscoverNUTRITION, ASN's online learning platform*
February 29, 2024, 1:00-2:00 PM ET

Learn More

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04
MAR

### Obesity Care Week 2024

**Virtual**
March 4-8, 2024

Learn More

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29
APR

### 11th International Symposium on Nutritional Aspects of Musculoskeletal Health

**San Diego, California**
April 29 – May 1, 2024

Learn More

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02
MAY

### 2024 Annual Conference Canadian Nutrition Society

**Edmonton, AB, Canada**
May 2– 4, 2024

Learn More

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28
JUN

### Nutrition in Clinical Practice – *A pre-conference to NUTRITION 2024*

**Chicago, Illinois**
June 28, 2024

Learn More

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29
JUN

### NUTRITION 2024

**Chicago, Illinois**
June 29 – July 2, 2024
*Register by April 5, for the best rates.*

Learn More

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American Society for Nutrition

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Rockville, MD 20850

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