Nutrition Notes for You - Find the ASN monthly member newsletter enclosed.

Your monthly member newsletter

NUTRITION NOTES

In This Issue

January 2024

- NUTRITION 2024 Registration & Housing Opens Jan. 30
- Abstract Submission Deadline: Feb. 12
- Call for Abstract Reviewers
- *AJCN* Launches New Article Series to Educate Physicians and other Health Care Professionals
- Member Spotlight: Dr. Amanda MacFarlane
- Exciting Changes to ASN Membership Categories
- Upcoming Webinars
- *AND MORE!*

NUTRITION 2024 Registration & Housing Opens Soon!

Ribbon Wall
American Society for Nutrition
Excellence in Nutrition Research and Practice
www.nutrition.org
NUTRITION 2024
Where the Best in Science & Health Meet
June 29 - July 2 • McCormick Place • Chicago, IL

NUTRITION 2024 will take place June 29 – July 2, at McCormick Place in Chicago, IL. Join us for three exciting days in Chicago where researchers, practitioners, global health leaders, public health champions, policy influencers, industry innovators, media, and more come together to network and learn.

Key dates:

- **January 30, 2024** - Registration & Housing Opens
- **February 12, 2024** - Abstract Submission Deadline

Share Your Science at NUTRITION 2024!
Abstract Submission Deadline: February 12

Submit your unpublished research to be considered for presentation at NUTRITION 2024. Accepted abstracts will be presented in poster and oral sessions from June 29 – July 2, at McCormick Place in Chicago, IL.

- Share your research with the greatest minds in nutrition science
- Meet new collaborators and funders
- Publish your work in an ASN Journal
- Network with peers in academia, industry, and government
- Become eligible for abstract-based Award Competitions and Awards

NEW THIS YEAR! President's Oral Session: Abstracts of Distinction. Submit an abstract and become eligible for inclusion in the President's Oral Session: Abstracts of Distinction - a NEW, prestigious honor! The President's Oral Session will debut at NUTRITION 2024 and spotlight innovative, impactful research that is advancing the field of nutrition research and practice. All abstracts submitted to NUTRITION 2024 will be considered for this prestigious session chaired by current ASN President, Dr. Kevin Schalinske.

Check out our tips for putting the finishing touches on your submission. Abstracts can include:

- **New research**: Unpublished research and/or secondary analysis of data
- **Methods**: Newly established or characterized methods, or evaluations of existing methods
- **Protocols**: Descriptions of proposed studies, or recruitment and process results of newly started studies
- **Case study**: A clinical vignette or case report is a means of disseminating new knowledge gained from clinical practice

Submit your unpublished research in the form of abstracts for presentation at NUTRITION 2024 by February 12. Be among the best and latest interdisciplinary science that is advancing the field of nutrition.

Tips for Submitting

Submit Your Science

Call for Abstract Reviewers for NUTRITION 2024

In anticipation of the quantity of abstracts which will be submitted for NUTRITION 2024, ASN is currently seeking members with their terminal degree to volunteer as abstract reviewers. We aim for each reviewer to receive no more than 10-15 abstracts to review. The abstract review period will take place from February 14 – March 4.

Abstract reviewers:

- Support the activities of their ASN Research Interest Section and/or Council;
- Elevate the quality of science presented at NUTRITION 2024; and
- Help their career development by placing this important duty on their CV.

Thank you in advance for your time and consideration regarding serving in this important role!

Sign Up as an Abstract Reviewer

ASN
EST. 1928
THE JOURNAL OF NUTRITION - CALL FOR PAPERS
Nutrition and the Brain –
Exploring Pathways for Optimal Brain Health through Nutrition
SUBMIT NOW

NEW! ***The Journal of Nutrition* – Call for Papers**
Nutrition and the Brain
Deadline: December 15, 2024

Nutrition in Clinical Practice: A Comprehensive Course for Physicians (NUTRITION 2024 Pre-Conference Activity)

Join us on Friday, June 28, at McCormick Place, Chicago, for Nutrition in Clinical Practice: A Comprehensive Course for Physicians—an innovative course, curated by the American Society for Nutrition in collaboration with the National Board of Physician Nutrition Specialists, that aims to bridge the significant gap in nutritional knowledge within the clinical community. Registration will open for this activity in early February.

Highlights Include:

- Cutting-edge sessions like “Nutritional Synergy: Strategies Post-Bariatric Surgery” and “Nutrition in Critical Care.”
- In-depth explorations into “Nutrition for the Elderly” and “Dietary Strategies in MAFLD.”
- Insightful discussions on “Nutritional Interventions for IBS” and “Nutrition in Cancer Care.”
- A special segment on “Debunking Nutrition Myths.”

While the program is tailored to the physician learner, others including medical school faculty, advanced practice providers, dietitians and other professionals who wish to enhance their understanding and application of nutrition science in patient care are welcomed.

The American Society for Nutrition is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Learn More

AJCN Launches New Article Series to Educate Physicians and other Health Care Professionals on Nutrition

NUTRITION
for the
CLINICIAN
• Case-Based Learning •

To educate physicians and other health care professionals on the fundamentals of nutrition, *The American Journal of Clinical Nutrition* has launched a new article series titled **Nutrition for the Clinician**. The effort supports the White House National Strategy on Hunger, Nutrition, and Health and its directives to expand nutrition knowledge of health care providers, an effort long supported by the American Society for Nutrition. Nancy Krebs, MD, MS, Professor of Pediatrics, University of Colorado School of Medicine, is the Associate Editor for the series.

Learn More

?
DiscoverNUTRITION
Online learning from the American Society for Nutrition
ASN

Upcoming Webinar from ASN's Dietary Bioactive Components GEM

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
Feb 12, 2024, 4:00 PM - 5:15 PM ET

Join our Dietary Bioactive Components (DBC) GEM on February 12 for "Phytochemicals as Senolytic Agents Targeting Diseases/Conditions Through Cellular Senescence." This webinar will highlight Dr. Jim Kirkland’s research that focuses on utilizing senolytic agents to target cellular senescent pathways of diseases/conditions.

Register for Free

MEDIA
DiscoverNUTRITION
Online learning from the American Society for Nutrition

Demystifying How to Talk Science to the Media

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
Feb 29, 2024, 1:00 PM - 2:00 PM ET

Join ASN's Early Career Nutrition (ECN) Interest Group on February 29 for a webinar on how to speak to the media about nutritional science.

Learning Objectives

- Describe the key elements of communicating scientific data to media outlets in an understandable and engaging way
- Identify media engagement opportunities that align with your professional interests and goals
- Outline strategies for building a professional brand that media turn to as a trusted source
- List resources to improve communication with the media

Register for Free

THE JOURNAL OF NUTRITION - CALL FOR PAPERS
Nutritional Immunology Across the Lifespan
SUBMIT NOW

***The Journal of Nutrition* – Call for Papers**
Nutritional Immunology Across the Lifespan
Deadline: March 15, 2024

Optimize Your Exposure at NUTRITION 2024: Sponsorship and Exhibit Opportunities

NUTRITION 2024 shines the spotlight on the field of nutrition science, and there are many opportunities to also shine a spotlight on your organization! Choose from options to educate, promote, engage, and exhibit at McCormick Place in Chicago, IL, June 29 – July 2.

Elevate your presence at NUTRITION 2024 with our exclusive Tabletop Exhibits, available now for just $2,000. These tabletops play a crucial role in enhancing *The Hub* experience, providing a unique opportunity to connect with our 3,000 attendees. Act quickly to secure your spot, as only a limited number of exhibitors will have access to this prime opportunity!

Additionally, don't miss out on reaching the nutrition science community through a Sponsored Satellite Program (SSP)! Please reach out to Griff Courtney gcourtney@nutrition.org to reserve a slot if your organization is interested in hosting a program.

Review Support Opportunities

CURRENT DEVELOPMENTS IN NUTRITION
CALL FOR PAPERS
Sports Nutrition
SUBMIT NOW

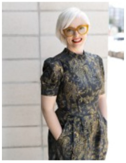
NEW! *Current Developments in Nutrition* – Special Issue Call for Papers
Sports Nutrition
Deadline: September 30, 2024

Health & Nutrition Policy Updates

Food Policy Impact

ASN, in partnership with the Washington D.C. Section of IFT, is pleased to announce that *Food Policy Impact* will take place on February 27-28, 2024, at ArentFox Schiff (1717 K Street NW, Washington, DC 20006). Experts will review the latest updates in food- and nutrition-related regulations, policies, and programs. The agenda and registration information for the 1.5-day event will be available soon.

Other Society News & Initiatives



ASN Member Spotlight:
Dr. Amanda MacFarlane

What drew you to the field of nutrition science, research, and practice? What led you to become involved with ASN?
My PhD was in biochemistry but I studied a nutrition-related problem: how dietary components can influence gut immunology and physiology, and ultimately, the initiation and progression of autoimmune diabetes. I was attracted to my post-doc project because it was related to gut physiology and cancer, but ultimately, it was folate and one-carbon metabolism that won me over – I was hooked.

I became a member of ASN as a graduate student. I was lucky to attend and present at multiple ASN (FASEB back in those days) meetings. I've been a member ever since, increasing my involvement in the society as time goes on.

How can ASN, as an organization of individual members, help current and future scientists find career growth opportunities?
I think ASN has an important role to play as a nucleus around which strong nutrition science can form. Meetings and other activities provide the opportunity for us to come together, share ideas, build teams, do good research, and continually improve the evidence on which good public health policy is made.

Read the full Interview

Exciting Changes to ASN Membership Categories for 2024

The ASN Membership Committee and ASN Board of Directors have updated ASN member categories to better recognize our core members and to provide better programming for you.

“Regular Members” are now recategorized as “**Scientist Members**” and “Associate Members” are recategorized as “**Professional Members**.”

All the existing benefits of ASN Membership remain constant for **Scientist** and **Professional** members, and we feel this categorization is more indicative of the work being done by our members. We have also introduced a new category, “**Clinician Members**,” which is applicable for ASN Members who work in clinical practice.

The criteria for the new member categories are:

- **ASN Scientist Membership** (formerly “Regular) – For individuals with a doctoral-level degree (i.e., PhD, MD, ScD, DVM, DPharm, etc.) in nutrition or a related field from an accredited institution, and notable accomplishments as a lead, senior, or other author of a nutrition publication in a peer-reviewed journal.
- **ASN Professional Membership** (formerly “Associate”) – For individuals with a degree in nutrition or related field, committed to nutrition research and practice or who demonstrate leadership in the nutrition field as an educator, speaker, advocate or administrator.
- **ASN Clinician Membership** (new) – For individuals working in clinical practice, with a primary interest in clinical, applied, and translational nutritional content. Clinician Members may include physicians (MD, MBBS, MBChB, DDS, OD, DO), PA's, NP's, RD's, and others working in clinical nutrition.

This decision was also made to provide you with potential future member benefits, improved services, and a more tailored experience within ASN. We believe that this change further enriches your ASN membership and contributes to your overall satisfaction.

Our Member Engagement team is dedicated to ensuring a smooth transition and is available to address any questions or concerns you may have. If you have any questions, please contact us at mem@nutrition.org.

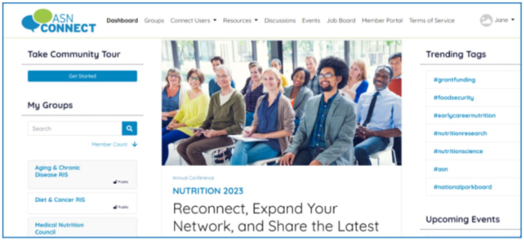
Think Getting That Job is Out of Reach? Think Again.

Navigating through a competitive job market can be intimidating, and you will need to set yourself apart from dozens of other job seekers. The ASN Career Center offers a suite of essential career resources to help you stand out from the competition.

Get networking tips and brush up on your interview skills. Set up Job Alerts and be the first to know when a job matching your criteria is posted. Not sure if your CV will make the cut? Request a review from experts to help list your strengths and weaknesses.

Get Started Today!

ASN Connect: Your Members-only Community



ASN Connect's user-friendly interface offers popular social networking features such as the ability to:

- Create a personal profile;
- Customize and sort your live feed;
- Share links, images, and videos in posts;
- Engage with others' posts by commenting or liking;
- Search the directory of users and send direct messages;
- Join any of the 20+ GEM (Groups Engaging Members) communities;
- Receive alert notifications, and more!

ASN Connect a robust tool that can be tailored to your preferences for an easy-to-use experience. To access ASN Connect, visit https://connect.nutrition.org and log in using your ASN member credentials. Contact mem@nutrition.org if you have any questions.

ASN Connect

Check Out the ASN Publications Monthly Newsletter

Keeping you informed with news and opportunities from ASN's four journals, *The Journal of Nutrition*, *The American Journal of Clinical Nutrition*, *Advances in Nutrition*, and *Current Developments in Nutrition*.

Make sure you are staying informed about all things ASN Publications by visiting ASN's Email Preference Center and selecting which types of communications you would like to continue to receive from ASN.

Browse the Latest Research from ASN Publications
JN THE JOURNAL OF NU
Advances in
The American Journal of CLINICAL NUT
Current Developments in Nutrition

Important Dates

22
JAN

State of the Science in Sodium Reduction to Improve Public Health – Webinar Series

Virtual
January 22 – 31, 2024

Learn More

30
JAN

NUTRITION 2024 Registration Opens

Registration & Housing Opens
January 30, 2024

Learn More

30
JAN

Learn about the FDA safety review and approval process for low- and no-calorie sweeteners

University of Massachusetts, Amherst research study
5 minute pre- and post-webinar (January 30) required

Learn More

12
FEB

Phytochemicals as Senolytic Agents Targeting Diseases/Conditions Through Cellular Senescence

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
February 12, 2024, 4:00 PM - 5:15 PM ET

Learn More

12
FEB

NUTRITION 2024 Call for Abstracts

Deadline
February 12, 2024, 11:59 PM ET

Learn More

21
FEB

2nd Pediatric Nutrition Conference: Emerging Insights into Nutrition in Pediatric Metabolic Diseases

Qatar University, Doha, Qatar
February 21 – 22, 2024

Learn More

29
FEB

Demystifying How to Talk Science to the Media

Virtual
Hosted on DiscoverNUTRITION, ASN's online learning platform
February 29, 2024, 1:00-2:00 PM ET

Learn More

29
APR

11th International Symposium on Nutritional Aspects of Musculoskeletal Health

San Diego, California
April 29 – May 1, 2024

Learn More

02
MAY

2024 Annual Conference Canadian Nutrition Society

Edmonton, AB, Canada
May 2– 4, 2024

Learn More

29
JUN

NUTRITION 2024

Chicago, Illinois
June 29 – July 2, 2024

Learn More

American Society for Nutrition

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